

2023 Christmas Food Box Instruction Sheet

We are incredibly grateful to you for helping our neighbors in need. So many families in our community will benefit from your generosity.

Plan to spend a **minimum of \$30.00 per family member**. This food basket is intended to help a family for more than one meal. If this is more than you can afford, please join together with someone else. **Please do not include gifts; we have separate programs for gifts. Do not include gift cards or cash.**

Use sturdy, closed boxes weighing no more than 10 lbs. For ease of handling, use smaller boxes rather than large ones. Computer/copier paper boxes work well, as do the book boxes that you can purchase at U-Haul and Ryder locations. **No bags, please**

When you signed up you received a card with a Family ID #, clearly label each box with this family ID number and the total number of boxes (e.g., **ROL #M-T-201-BOX 1 of 4, ROL #M-T-201-BOX 2 of 4, etc.**). Do not gift wrap the outside of the boxes.

There are 2 unique drop off dates and locations. THESE ARE NOT INTERCHANGEABLE Deliveries are made immediately following the completion of the return, late deliveries cannot be accepted.

**Return date and time for GREEN Family #s beginning with SC, HLW or NM
Saturday, December 2nd 9:30AM – 11:00AM
in the St. Max parking lot**

**Return date and time for RED Family #s
Saturday, December 9th 10:30AM – 11:30AM
at West Chester Presbyterian Church 8930 Cin-Day Rd.
(in front of Reach Out Lakota)**

Please see reverse side for non-perishable item suggestions.

Each Family # belongs to a real local family. Please honor your commitment and **THANK YOU** for taking the time to help others during this busy season!

QUESTIONS – Heather LaMarca hslamarca@gmail.com 513-498-2523 or Dennis Blake
dennis.g.blake@gmail.com 513-543-6954

Use the lists below as a guide when shopping for the family listed on your card.

Traditional Meal Shopping List

Breakfast Items:

- ☐ Boxed Cereal, Oatmeal
- ☐ Pancake Mix with Syrup
- ☐ Muffin Mix, Sugar, Flour, Cooking Oil
- ☐ Coffee, Tea, Hot Chocolate, Juice

Lunch Items:

- ☐ Peanut Butter & Jelly
- ☐ Canned Tuna or Chicken
- ☐ Boxed Macaroni & Cheese
- ☐ Granola Bars
- ☐ Ketchup, Mustard, Mayonnaise
- ☐ Crackers, Chips, Pretzels

Dinner Items:

- ☐ Canned Ham, Salmon; **check label to ensure refrigeration is not needed.**
- ☐ Pasta & Sauce
- ☐ Rice, Beans
- ☐ Canned vegetables
- ☐ Canned Soup, Fruit, Chili
- ☐ Salad Dressing

Other Items:

- ☐ Laundry Detergent
- ☐ Dish Soap
- ☐ Household Cleaner
- ☐ Soap
- ☐ Shampoo
- ☐ Deodorant
- ☐ Toothpaste, Toothbrushes
- ☐ Toilet Paper
- ☐ Paper Plates
- ☐ Napkins
- ☐ Feminine Hygiene
- ☐ Razors, Shaving Cream

Hispanic Meal Shopping List

Breakfast Items:

- ☐ Boxed Cereal, Oatmeal
- ☐ Pancake Mix with Syrup
- ☐ Maseca, Sugar, Flour, Cooking Oil
- ☐ Coffee, Tea, Hot Chocolate, Juice

Lunch Items:

- ☐ Canned Tuna or Chicken
- ☐ Boxed Macaroni & Cheese
- ☐ Granola Bars
- ☐ Ketchup, Mustard, Mayonnaise
- ☐ Crackers, Chips, Pretzels

Dinner Items:

- ☐ Canned Ham, Salmon; **check label to ensure refrigeration is not needed.**
- ☐ Bagged Rice
- ☐ Dry Beans
- ☐ Canned Fruit
- ☐ Salad Dressing

Other Items:

- ☐ Laundry Detergent
- ☐ Dish Soap
- ☐ Household Cleaner
- ☐ Soap
- ☐ Shampoo
- ☐ Deodorant
- ☐ Toothpaste, Toothbrushes
- ☐ Toilet Paper
- ☐ Paper Plates
- ☐ Napkins
- ☐ Feminine Hygiene
- ☐ Razors, Shaving Cream