

St. Max Women's Lenten Retreat 2022 – *Consider it all joy!* James 1:2
Saturday Morning – Session 2, Prayer Partner Discussion Prompts

'Consider it all joy!' James 1:2

Please determine with your prayer partner when would be a good time to call each other on the phone and have a 10-to-15-minute conversation this afternoon, before our evening session. Before your call, take 3 minutes and quietly look over the this sheet and perhaps jot down some notes. On your call, after greeting each other, discuss the following.

Share with your prayer partner a moment from today where you saw a glimpse of eternal joy.

Please tell your partner what the highlights were for you and other observations from session 2. Then, find the FEEDBACK SHEET in your binder and write your feedback under 'Saturday Morning Session 2'.

Share any previous experience you have had with journaling.

What does it mean to you to be a writer? Is it honorable? Scary? Too demanding?

Do you consider yourself to be a writer? Do you think there is a difference between writing and journaling?

Have you ever listened to God by journaling?

Have you ever spoken to God through journaling?

What are some challenges of journaling?

What are ways to overcome these challenges?

This evening when we return, there will be exposition and the Blessed Sacrament will be exposed on the altar throughout our entire session. Share your experience with Exposition or silent prayer. What are the challenges of this type of prayer? What are ways to overcome these challenges?